

FOR TODDLERS



CLIMB IN SMALL TREES



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Objective

In this game, the children's kinaesthetic, vestibular and tactile senses are stimulated. The children also practise basic motor skills and strengthen their upper body. In addition, the activity provides excitement and butterflies in the stomach.

Equipment

No equipment required.

Instructions

1. Find an area without much forest. The trees do not need to be high, but they must be good for climbing.
2. Let the children explore the area and try getting across the ground standing on a branch. Some children will need the help of the adult in the beginning.

Variation

- The children can explore the tree, maintain their balance on a branch, rock to and fro on a branch or climb higher up in the tree.