

CRAWLING GAME



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Objective

Crawling Game stimulates the kinaesthetic and tactile senses, and the children practice spatial orientation.

Equipment

Tables, benches, chairs, etc.

Instructions

- 1. Let the children crawl on the floor or on a lawn/grass plain.
- 2. The children can crawl under a table, between chairs, under benches, etc.

Variation

- The children can play 'copycat' whilst crawling with one child leading and two or three children crawling behind him/her.
 Remember to change the leader after a short period of time.
- The children can crawl up elevations, e.g. a bench or on a sofa.