

FOR TODDLERS



GRASS SLOPE RUNNING GAME



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Objective

This activity stimulates the kinaesthetic and tactile senses, and the children's basic motor skills.

Equipment

No equipment required.

Instructions

1. Find a slightly sloping hill.
2. Let the children run down and up again.
3. An adult joins in the game and tries to catch the children when they run down the slope.
4. The children run to an adult standing at the bottom of the slope.

Variation

- The children can, for example, run with long steps, mouse steps, on their toes, sideways, run down and walk up again backwards or perhaps walk up again sideways like a crab?