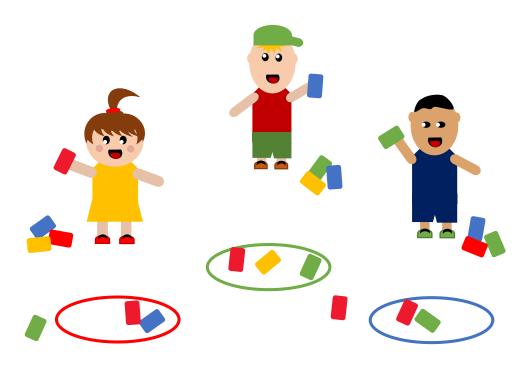


## HULA HOOP BEAN BAG TOSS



# HULA HOOP BEAN BAG TOSS

#### **Objective**

This activity challenges the children's eye-hand coordination and throwing skills. The children are also moderately to vigorous-intensively active whilst running to collect bean bags.

### **Equipment**

Hula hoops Bean bags

#### Instructions

- 1. Place one or more hula hoops on the floor/ground and let the children throw bean bags into the hoop(s).
- 2. When all the bean bags have been thrown, the children run up to the hoop and collect all the bean bags.

### **Tips**

• With preference, have many bean bags so the children can throw many times.