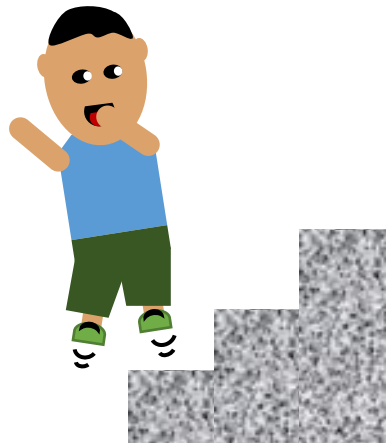


FOR TODDLERS



# JUMPING GAME



# JUMPING GAME

## **Objective**

The Jumping Game stimulates the kinaesthetic sense, and the children practise basic motor skills and balancing.

## **Equipment**

No equipment required.

## **Instructions**

1. Find an edge, step, tree stump, sandpit, etc.
2. The children climb up onto an edge, a stump or step and then jump down.
3. Climb up and jump down again.

## **Variation**

- Find higher edges to jump off, in which case, the children might have to climb differently. The children could be challenged to jump with their legs together or land on one foot. If the edge is low, the children might be able to jump both down from and up onto the edge.