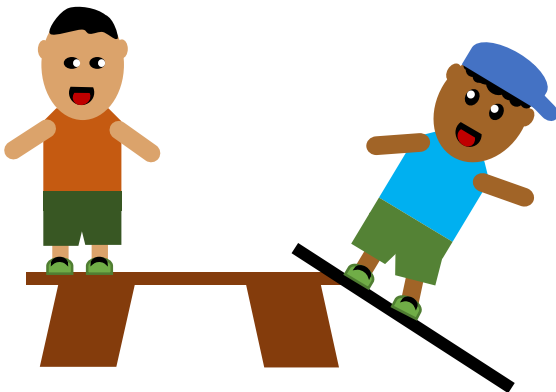


FOR TODDLERS



OBSTACLE COURSE



OBSTACLE COURSE

Objective

On an obstacle course, the children practise a range of locomotor skills.

Equipment

Various obstacles, e.g. mats, boxes, slides, benches, tables

Instructions

1. Make an obstacle course indoors or outdoors with obstacles which the children can climb over/under/through. For instance, use slides, mats, benches, tables, balance cushions, boxes, etc.
2. Let the children move freely along the course.