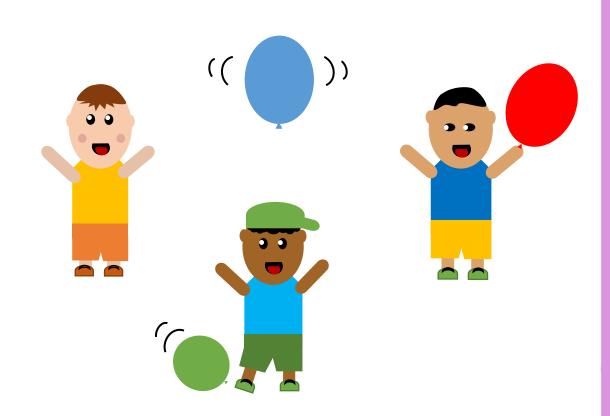


# **PLAY WITH BALLOONS**



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### Objective

This activity stimulates the kinaesthetic and tactile senses, in addition to the children's eye-hand and eye-foot coordination.

## **Equipment**

**Balloons** 

#### **Instructions**

- 1. Blow up balloons.
- 2. Let the children experiment with a balloon.

#### Variation

- The children can throw the balloon in the air, kick it or hold and run around with the balloon.
- An adult and a child can throw or kick the balloon to each other.