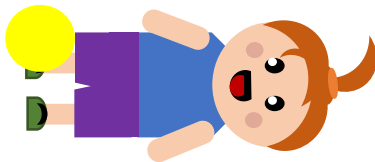
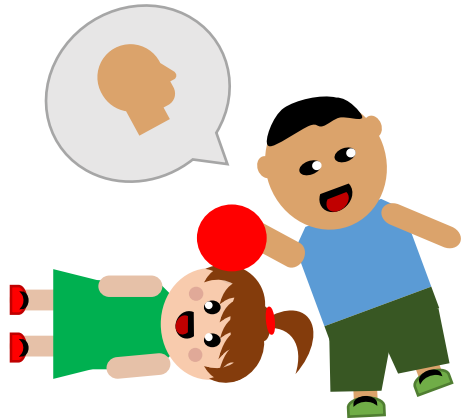
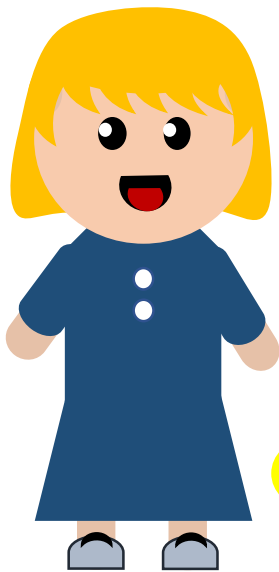


FOR TODDLERS



# ROLL A BALL



# ROLL A BALL

## **Objective**

Roll a Ball stimulates the children's tactile sense. At the same time, the game is relaxing and the children practise a range of concepts related to the body.

## **Equipment**

Balls, preferably small

## **Instructions**

1. Let the child lie down on his/her stomach. The adult rolls a ball over the child's body.
2. The adult talks to the child, whilst telling him/her which part of the body he/she is rolling the ball over.
3. Perhaps the children could try to roll a ball on each other?

## **Tips**

- Preferably put on some calm background music.