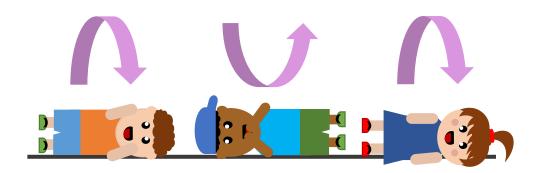


ROLL LIKE TIMBER LOGS



ROLL LIKE TIMBER LOGS

Objective

This activity challenges the kinaesthetic sense, in addition to rolling motor skills.

Equipment

No equipment required.

Instructions

- 1. Find a flat surface or a small slope.
- 2. The children lie down with their body completely straight.
- 3. The children roll while their body completely straight.

Variation

• Can be done on different surfaces.