

# SONG GAME: ARE YOU SLEEPING, BROTHER JOHN?



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# Objective

This song game stimulates the tactile and kinaesthetic senses, and gives the children conceptual training.

## **Equipment**

No equipment required.

### Instructions

- 1. Stand in a circle.
- 2. Sing "Are you sleeping, are you sleeping, Brother John, Brother John, morning bells are ringing, morning bells are ringing, ding dang dong, ding dang dong."
- 3. Clap your hands (above your head), whilst singing "Are you sleeping", twice.
- 4. Clap on your chest, whilst singing "Brother John", twice.
- 5. Clap on your thighs, whilst singing "Morning bells are ringing", twice.
- 6. Stamp, whilst singing "Ding, dang, dong," twice.

### **Variation**

Clap on other body parts.