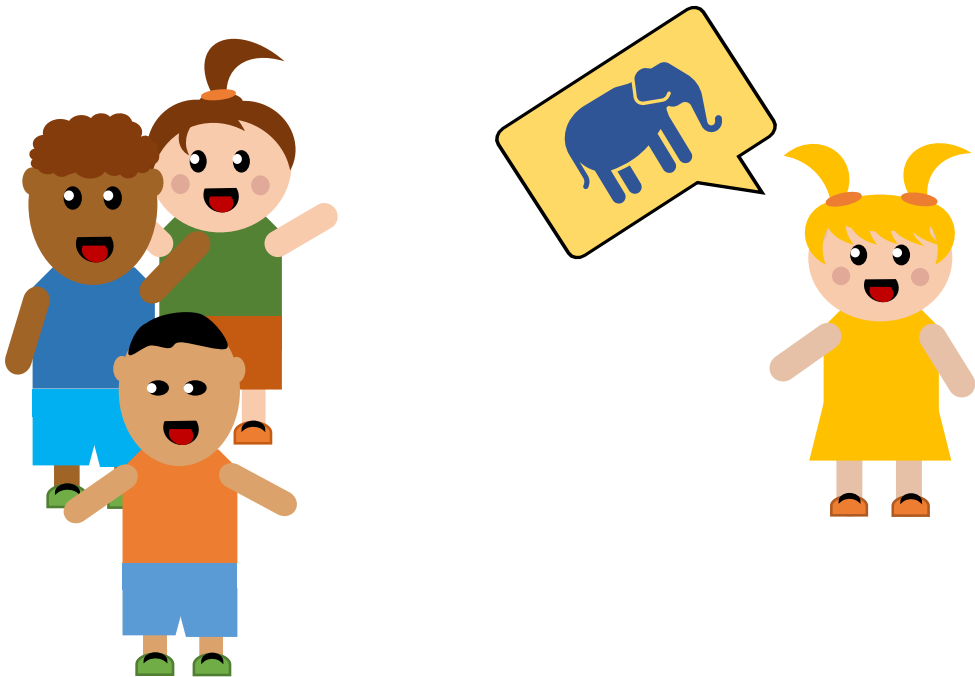




CHILDREN COME HOME!



CHILDREN COME HOME!

Objective

In this activity, the children move around in various ways and challenge basic locomotor skills. The children can be involved in deciding what types of movements they will make.

Equipment

No equipment required.

Instructions

1. The children stand on one side of a marked-out area and shall go to their mother/father on the other side.
2. The mother/father shouts: "Children come Home!"
3. The children answer: "How?"
4. The mother/father say that they must do a specific movement as they walk across to them. For instance: walk backwards, hop, twirl around, crawl. Alternatively, imitate an animal: like an elephant, like a frog.

Tips

- Since the children will not be caught when moving across the play area, they have the possibility to concentrate on the movement pattern and to do it better.
- An adult can give tips on movements patterns you want the children to challenge during the game. It is preferable to think about good variation in terms of how they move, as it is not always necessary to stand on two feet (for example, roll like a wooden log, crawl, etc.).

Variation

- A variation of the game is 'Little Chickens Come Home'/Hawk-Dove, where the fox/hawk in the play area tries to catch the chickens/doves when they move across to the other side.