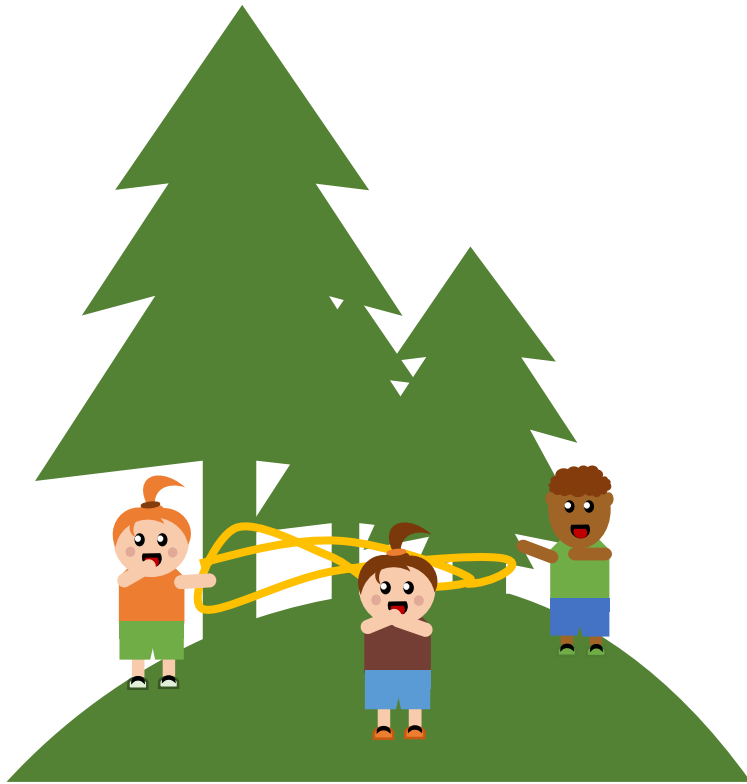


MOTOR CHALLENGING PHYSICAL ACTIVITY



THORN BUSH



THORN BUSH

Objective

In Thorn Bush, the children challenge their gross motor skills and tactile sense. The activity also demands a great deal of attention.

Equipment

Rope

Instructions

1. Create a thorn bush in the forest by tying up ropes crisscrossed between trees. Feel free to choose an area with several trees so that you get a large thorn bush.
2. The task of the children is to get through the thorn bush without touching the ropes. The children can get over, between or under the ropes by eeling, crawling or jumping through the thorn bush.

Tips

- Feel free to challenge the children to get through the thorn bush several times, preferably in different ways each time.

Variation

- After a while, you can rearrange the ropes so that the thorn bush presents new challenges.
- The children can also be forest animals, e.g., a hare and a fox – where the fox should try to catch the hare.