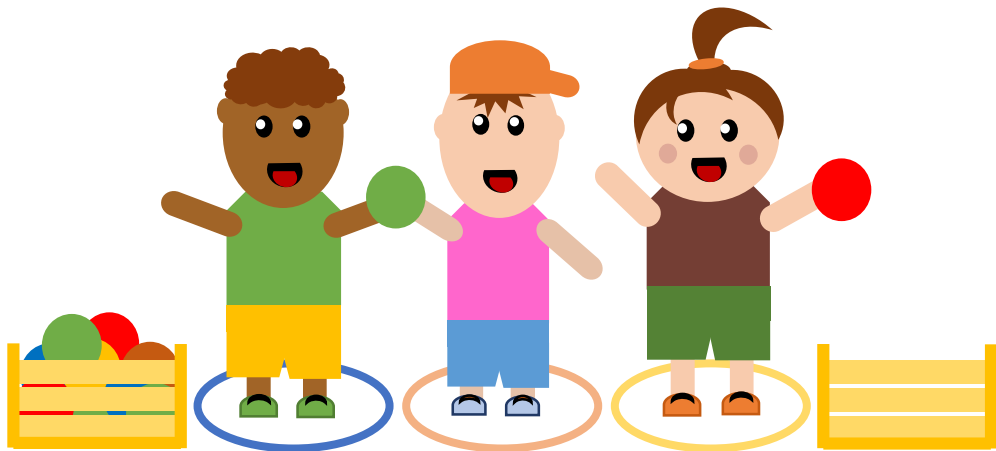




TRANSPORT THE BALL



TRANSPORT THE BALL

Objective

In this game, the children get to practice receiving and passing a ball in different ways. The children must work together to transport balls from one area to another.

Equipment

Balls

Two boxes

Hula hoops

Instructions

1. Lay as many hula hoops in a row as there are children.
2. At one end of the hula hoops there is a box of balls, and an empty box at the other end.
3. The children must transport the balls from the full box to the empty box.
4. The children must stand inside their hula hoop when receiving and passing the ball on.

Variation

- To make the activity more challenging, the children can stand on a bench while passing the balls between them.
- Children can also pass the ball in different ways. For example, by receiving and passing on over the head, between the legs, perhaps every other child over the head and between the legs.
- Another way to make the activity more challenging is to increase the distance between the children, so that the children have to stretch to receive and throw the ball forward.
- One can vary the type of ball or objects that is being transported between the children.
- As an outdoor activity in the winter, the children can transport snowballs between them.
- By creating two parallel rows, one can turn the activity into a competition. Who gets all the balls in the box first?