



FAMILY GAME



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Objective

In this activity, the children play with numbers, quantities and counting by forming different sized families. This is also a moderate to vigorous intensity activity in that the children run or dance when the music plays.

Equipment

Preferably music, but this is not essential

Numbers, e.g. laminated sheets of paper with numbers or dice

Instructions

1. The children run/dance freely whilst the music is playing.
2. When the music stops (or upon a signal if there is no music), the children form families (groups) corresponding to the number that is held up or shouted out.

Variation

- As a variation, the children can be given the task of collecting a certain number of bean bags, cones and so forth (preferably in pairs).
- For progression, the children can be given other tasks, e.g. 'two cats and a dog, when the children shall portray what is shouted out.